



COVID-19 SAFETY PROTOCOL *(As of August 8, 2022)*

The Cranbrook Skating Club continues to follow all Province of BC, Interior Health and City of Cranbrook guidelines related to COVID. All skaters, parents, coaches, and volunteers are required to be familiar with the CSC Covid Protocol and follow all the rules. **Be aware these guidelines can change any time based on advisories from the Province and the City.**

For more information about Covid orders/guidance, please see the PHO Orders and BC Centre for Disease Control websites.

Safety of our coaches, skaters, volunteers, and spectators is priority for the CSC. Please read through these guidelines carefully and discuss them with your skater.

Mask use

- Wearing masks in public indoor settings is a personal choice and is not required by public health.
- We strongly recommend mask wearing for skaters, coaches, and volunteers at the areas where social distances can't be maintained. Everyone must assess their own risk and decide about mask wearing.

Vaccination

- Public Health recommends full vaccinations for everyone as the best way to protect yourself and others.
- Proof of vaccinations is not required for any coaches, volunteers, skaters, and spectator at the time.

To protect yourself and others from infection

- Stay home if you are sick or have any symptoms such as cough, sore throat, running nose, muscle ache, etc.
- The CSC does ask that skaters, coaches and volunteers continue to screen for symptoms prior to coming to the arena.
- While at the arena, all persons must self-monitor for symptoms and leave immediately if they feel unwell.

- If you feel unwell, contact the Public Health or your family doctor and follow their recommendations about self-isolation.
- Skaters must inform their coach immediately if they are not feeling well and they must make arrangements to leave the arena.
- Food, drinks, and personal items may not be shared.
- Arrive 7-15 minutes before your scheduled session and leave the arena asap after your session is done

Personal Hygiene and Workplace

- The CSC will continue to provide hand sanitizer.
- All persons entering the arena must sanitize their hands.
- All persons inside the arena must use cough and sneeze etiquette: cough into their sleeve or cover their mouth/nose with tissues.
- The CSC will ensure that disinfection of highly touched areas at the arena including the dressing room is done regularly.

Occupancy and spectators

- There are currently no limits in occupancy at the City of Cranbrook facilities
- Limit of spectators are no longer in effect.
- All spectators are expected to follow the facility guidelines with respect to physical distancing.

All parents/guardians, coaches, board members, volunteers and skaters must acknowledge that they read and understand these policies at the time of registration.